

TRAUMA INFORMED LANDSCAPE



THE TRENDS - LARGELY SINCE COVID

- CORPORATE** - Trauma Informed organisations, leadership and HR leaders as Stress-Related-Trauma
- DESIGN** - Architecture and urban planners creating TI spaces using frameworks like the ones shared over at [Trauma Informed Design Society](#).
- PROFESSIONAL TRAINING** - A surge in: interest, courses, certification and accreditations from Practitioners & Business on TI Care and Practice,
- EDUCATION** - U.S., UK, Australia - K12 & HigherEd are increasingly adopting trauma-informed curricula and teacher training. 80% in USA
- GOV POLICY** - U.S., UK, and Australia introduced trauma-informed Social Services & Child Welfare policies
- TECHNOLOGY** - Wearables, dashboards and bio-tech are increasing in both the number of them and scientific advancements.
- RESEARCH EXPANSION** - We know a lot, and we have only just begun to scratch the surface of this area.
- FUNDING** - Sponsorship, foundations & philanthropic organisations are increasing their funding in this area.
- GOOGLE TRENDS** - "Trauma-Informed" keyword searches up 100% - 500% since Covid.

WHY THE T-WORD?

IN A WORD - SCIENCE

Stress-Related-Trauma comes from an experience that overwhelms you and leaves you feeling helpless. That experience can mark the brain and body the way a stroke leaves a lesion on the brain.

We experience the side effects of Trauma in a variety of ways, including anxiety, depression, numbness, risk-taking - and some will develop CPTSD, addictions & physical and mental health disorders.

Nervous System restoration and Talk Therapy enable the recovery process.

FOUNDATIONAL PRINCIPLES & CONCEPTS

THESE PRINCIPLES

- 1** Safety
- 2** Trustworthiness and Transparency
- 3** Balanced Collaboration & Peer Support
- 4** Empowerment
- 5** Cultural, Historical, and Gender Sensitivity

INFORM THESE PRACTICES

1. TI Counseling & Therapy
2. TI Coaching & Mentorship
3. TI Behavioural Health
4. TI Business Growth
5. TI Case Management
6. TI Crisis Intervention
7. TI Policy
8. TI Training
9. TI Mediation
10. TI Leadership
11. TI Organisational Change
12. TI Assessment

ALREADY ACTIVE IN THESE SECTORS:

1. TI Schools & Classrooms
2. TI Workplaces
3. TI Architecture & Design
4. TI Tech & Wearables
5. TI Lawyers
6. TI Juvenile Justice
7. TI Child Welfare
8. TI Law Enforcement
9. TI Mental Health
10. TI Health Care
11. TI Substance Abuse Treatment
12. TI Homeless Services
13. TI Residential Care

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Special Thanks to our Contributing Members:



WHO TURNED THE
Lights On?